

# “WITH AGAPI WE WRITE” NEWSLETTER

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**SEPTEMBER 2024**

**St. Paraskevi Philoptochos Society  
St. George, Clifton, NJ**

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## **PRESIDENT’S MESSAGE** **GREETINGS TO ALL!!**

With the summer months behind us, September is upon us and I am eagerly looking forward to the new ecclesiastical year with the wonderful event and opportunities that lie ahead. Our philoptochos thrives on the participation and support of amazing individuals like you, and are excited to share new experiences, friendships, and growth in the months to come.

Read our newsletters for upcoming announcements, gatherings, charitable initiatives, and ways that you can get involved. I look forward to seeing you at our events and working alongside you to support our community and beyond.

Our first meeting of the year will be **Tuesday, October 8th, at 7pm. Please look at the flyer included in this newsletter for an interesting gathering!**

Thank you for being a part of our Philoptochos!

With gratitude and enthusiasm,  
Harriet

*Fall  
is in the  
air*

## **EXECUTIVE BOARD MEMBERS**

**PRESIDENT:** HARRIET PANAGAKIS  
**VICE PRESIDENT:** DENISE CECCHINI  
**2ND VICE PRESIDENT:** TINA ANASTOS  
**REC. SECRETARY:** STEPHANIE PANAGAKIS  
ASHLEY  
**CORRESPONDING SECRETARY:** ELAINE  
MANOLIADIS  
**TREASURER:** ANTHOULA BOZIOS  
**ASSISTANT TREASURER:** KELLY VERGIS  
**SOCIAL SERVICES:** LOLA KATSANOS

## **INSIDE THIS ISSUE**

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Hopeful Hearts Bereavement Group

# ST. PARASKEVI PHILOPTOCHOS

## CALENDAR OF EVENTS

### September thru December 2024

DATE	EVENT
October	Coat Drive begins
Sunday, October 6, 2024	Breast Cancer Awareness Month
Tuesday, October 8, 2024	TACO TUESDAY- First meeting
Saturday, October 19, 2024	Making Strides of Bergen County - Cancer Walk
Sunday, October 13, 2024	Turkey Drive begins
Sunday, October 27, 2024	National Philoptochos Day
Friday, Nov 1, 2024	Sts. Cosmas and Damianos
Sunday, November 3	Community Christmas Card Sign-up begins
Monday, November 4, 2024	Monthly Meeting
Friday, November 8, 2024	St. Nectaros Vespers
Saturday, November 9, 2024	St. <u>Nectaros</u> Feast Day
Sunday, November 11, 2024	Veteran's Day
Sunday, November 17, 2024	Last Day for Turkey Drive
Sunday, November 24, 2024	Vasilopita Sale begins
Thursday, December 5, 2024	Christmas Dinner - TBDTBD 
Sunday, December 15, 2024	Deadline for Vasilopita orders
December	Coat Drive ends



# IMPACTING THE WORLD AWARD

At the 2024 National Philoptochos Biennial Convention held in San Diego, California in July, our Philoptochos chapter was honored with an award for achieving a 100% participation in the National Philoptochos Ministry Commitments. This initiative is supported by a portion of our membership fees.



## MAKING PROSFORA

On Tuesday, August 27th a few of our philoptochos ladies gathered at our church's kitchen to make prosfora.

Prosfora, or "offering," is the bread that we use in the Divine Liturgy. The bread is leavened bread, and is made using a simple recipe: water, yeast, flour, and salt.

The loaf is "sealed" or "stamped" before it is baked.





## HAPPY BIRTHDAY WISHES

for the months of  
**AUGUST & SEPTEMBER**  
are extended to our members:

### AUGUST

7 - Helen Kraft  
10 - Alice Eliades  
12 - Peter Salierno  
17 - Eleni Argiris Velasquez  
21 - Gianna Pilalis  
22 - Mary Georgaros  
25 - Tina Malindretos  
25 - Irene Vasilopoulos  
26 - Frances Vagias  
31 - Anna Sakellakis

*"Wishing you a fabulous  
birthday surrounded by  
love, joy, and all the things  
that make you smile. You  
deserve everything  
wonderful today and  
always."*

### SEPTEMBER

2 - Eileen Duvlaris  
4 - Lola Katsanos  
5 - Maria Sgourdos  
8 - Patricia Manis  
15 - Mary Gaggis  
15 - Helen Foukas  
16 - Sophia Constandinou  
18 - Christina Drakas  
18 - Marigo Sfaelos  
25 - Terri Iatrou

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## ANNOUNCEMENTS

Congratulations to Sophia Constandinou on the marriage of her daughter Vasiliki to Niall Conway.

Congratulations to Sophia Logothetis on her marriage to Thanasis Sevdalis.

Congratulations to Sophia Sakellaris on her son Louie John's marriage to Eleni Chryssos!!

Congratulations to Christina Panagakis on her engagement to Victor Andreou. H Ora H Kali!

Congratulations to Marigo and Spiro Sfaelos on the baptism of their son, Alexandros. Wishing him good health and happiness always! God Bless him!!



Best wishes are extended to Alexandra Kaousis on the birth of her grandson; and to Mrs. Voula Golematis on the birth of her great-grandson!

NA ZISOON!



If you would like to share a happy occasion or a memorable moment, please contact Harriet at 973-432-1009 or email [htriolet58@gmail.com](mailto:htriolet58@gmail.com) so we can include it in our newsletter.



# Saint George Greek Orthodox Church

Sale Open  
Sept 5th,  
6th, 7th  
& 8th,  
2024

# ANNUAL

# RUMMAGE

GET  
RID OF  
YOUR  
STUFF

SALE

**DON'T DUMP IT  
DONATE IT**

## We accept the following:

Clean , working order Sellable items, Crystal, China/Porcelain, Antiques, Pots & Pans, Household items, Kitchen Utensils, Flatware, Glassware, Collectibles/Figurines, Clocks, Books, Photo Albums, Frames, Art, Mirrors, Craft items, Fabric, Planters, Gardening & Hand Tools, Holiday Theme Items/Decorations, Toys, Puzzles, Games (no missing pieces), Video Games, DVDs/Cds, Vinyl Records, Small Electric Appliances, Office Supplies, Pet Supplies, Sports Equipment, Lamps, Linens, Curtains, Pillows, Jewelry, Scarves, Purses, Wallets, Belts, Coats, Shoes (must be clean) Clothing (only clean, non-damaged items) Luggage, Backpacks, Perfumes/Cologne (even partially used)

Please make sure items are clean & in working order. No broken or chipped items.

## **WE DO NOT ACCEPT THE FOLLOWING:**

NO STROLLERS, INFANT/TODDLER CAR SEATS, CRIBS, PACK & PLAYS

(These items may have been recalled and we are not authorized to resell)

NO RUGS, NO FURNITURE, NOTHING TOO LARGE OR OVERSIZED THAT

CANNOT FIT INTO A CAR, NO FOOD PRODUCTS

**Collections start Sunday August 25th until Wednesday Sept 4th, 2024**

**please drop off donations in the gym daily 9:00 - 6:00**

**DO NOT leave outside or the lower hallway.**

Any questions on donations, please contact Kathy Hiras (201) 674-8273 kmhiras@msn.com

**818 Valley Road, Clifton, NJ 07013**



# **Saint George Greek Orthodox Church**

**818 Valley Road, Clifton, NJ 07013**

# **ANNUAL**

# **RUMMAGE**



**INDOOR SALE  
RAIN/SHINE**

**Cash or  
Credit Cards  
Accepted**

**Preview & Purchase Sale**

**Thursday Evening Sept 5th, 2024**

**\$5.00 Admission per person**

**Open from 5:00pm - 8:00pm**

**Friday, Sept 6th, 2024**

**10:00am - 4:00pm**

**Free Admission**

**Saturday, Sept 7th, 2024**

**"Fill a Bag Sale" for \$10.00 per bag**

**10:00am - 3:00pm**

**(BAGS WILL BE PROVIDED)**

**Sunday, Sept 8th, 2024**

**12:00pm - 3:00pm**

**All Items FREE, Free-will donations appreciated**



***“Adopt a School Initiative”***

Once again, we will be  
collecting/purchasing basic school  
supplies to support  
*The Dawn Treader Christian School*, an  
inner-city private Christian School in  
Paterson.

***Student Supplies needed for the School Year 2024-2025***

Backpacks	Glue Sticks	Notebooks*
Black/Red/Blue Pens	#2 Pencils	Beginner Pencils
Pencil Sharpers	Erasers	Loose Leaf Paper*
3 Ring Binders*	Multicolored Crayons	Crayons
Construction Paper	Protractors	Calculators*
Colored Markers	Scotch Tape	Index Cards
Rulers	Masking Tape	Manila Folders
Scientific Calculators*	White Board Markers	Basic Math Flashcards*
White Board Erasers	White Board Cleaner	Basic Reading Flashcards*
Staplers	Staples	Sanitizing Wipes
Staple Removers	Multicolored Folders	Highlighters
Scissors	Hand Sanitizers	Jump ropes

***\*Items most in need***

***Purchase any supplies listed above or make a monetary donation of your choosing. For further information please contact Phyllis Magiros at [pmagiros@verizon.net](mailto:pmagiros@verizon.net) 201-602-0632 or Harriet Panagakis at [htriple58@gmail.com](mailto:htriple58@gmail.com) 973-432-1009.***

***A box will be placed at the rear of church office to leave your donations. Monetary donations should be in an envelope with your name and placed in the Philoptochos mailbox, found in the outer office or given to an Executive Board Member.***

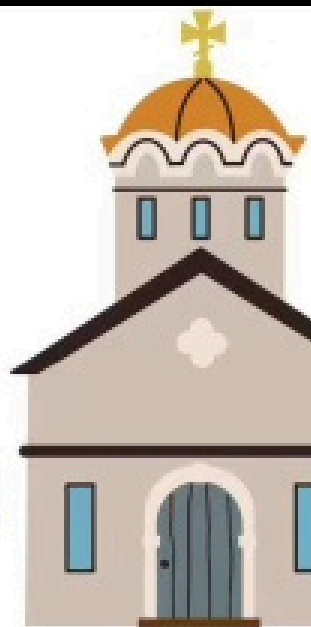
***As always, we THANK YOU for your continued support!***

***FINAL COLLECTION DATE: Sunday, September 15, 2024***





**SAINT GEORGE  
GREEK ORTHODOX CHURCH**



# **FIRST DAY OF SUNDAY SCHOOL &**

**BLESSING OF THE  
BACKPACKS**  
FOR ALL OUR STUDENTS

**SUNDAY,  
SEPTEMBER 8, 2024**



**818 VALLEY ROAD,  
CLIFTON, NJ 07013**

# THE BAKLAVA BOOK CLUB

On Monday, June 17th we gathered at Greek City Restaurant in Ramsey to enjoy fellowship and discuss the book *"Not Even My Name"* by Thea Halo. It was a riveting account of exile from Turkish genocide, brought to light for the first time ever in Sano Halo's personal story.

We also met on Monday, August 26th at Sofia's Restaurant for fellowship.

September is right around the corner and are gearing up for another enjoyable and enlightening year of Book Club. While it's important and meaningful to discuss the selected book, we continue to welcome anyone who would like to join us for dinner and fellowship.

Women can be heroes. When twenty-year-old nursing student Frances "Frankie" McGrath hears these words, it is a revelation. Raised in the sun-drenched, idyllic world of Southern California and sheltered by her conservative parents, she has always prided herself on doing the right thing. But in 1965, the world is changing, and she suddenly dares to imagine a different future for herself. When her brother ships out to serve in Vietnam, she joins the Army Nurse Corps and follows his path.

Hope you all enjoy this selection. It has gotten excellent reviews and seems like a good pick for our group.

We welcome anyone who wishes to join us! Please reach out to Tina Anastos for additional information - 845-494-8974.

## Below is the book selection for September:

***"The Women"***  
by  
**Kristin Hannah**

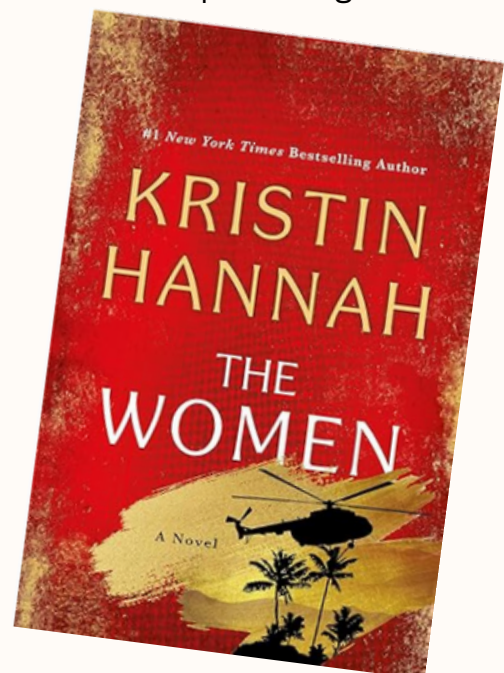
**Date of Meeting**  
**Monday, September 16th**  
**6:30pm**

**Hunan Taste**  
**4 Alvin Place**  
**Montclair, NJ**

Happy reading! 😊📖

Tina & Kelly

***"Books are a uniquely portable magic."*** –  
Stephen King





# *Taco 'bout Philoptochos*

**Join us for a Taco Tuesday  
PHILOPTOCHOS MEETING**



**Tacos, Margaritas,  
Sangria, Desserts and more...**



**Tuesday  
October 8th 7:00pm**

**Downstairs  
Hall**



**RSVP: Harriet 973-432-1009  
Denise 201-406-2827  
by October 6th**



# ST. PARASKEVI PHILOPTOCHOS

of St. George G. O. Church , Clifton, NJ

## & THE DAUGHTERS OF PENELOPE

Kronos Chapter #188

**Invite you to walk against Breast Cancer**

**SATURDAY  
OCTOBER 19  
10:00 AM**



**MEADOWLANDS  
STADIUM  
E. RUTHERFORD, NJ**

**OCTOBER IS BREAST CANCER AWARENESS MONTH**

**SUPPORT OUR TEAM,  
*THE PARASKEVI PACERS***

**SATURDAY OCTOBER 19, 2024**  
**AT THE MEADOWLANDS**

*IN MEMORY OF THE LOVED ONES WE HAVE LOST  
IN HONOR OF THOSE WHO HAVE SURVIVED  
AND IN THE HOPE THAT A CURE IS NOT FAR AWAY*

**HELP US REACH OUR GOAL OF \$2,000  
BY DONATING EITHER BY CHECK PAYABLE  
TO ST. PARASKEVI PHILOPTOCHOS  
OR PAYPAL PHILOPTOCHOSCLIFTON**

**CONTACT: HARRIET - 973-432-1009 HTRIPLET58@GMAIL.COM  
STACEY HALKIAS - STACEYPANARETOS@GMAIL.COM**

# **"THE TRUSTED CHEF"**

## **Cooking/Baking Class**

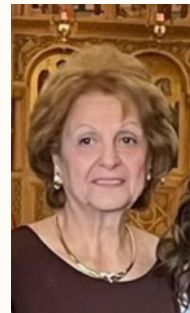
sponsored by our  
St. Paraskevi Philoptochos Society  
Clifton, NJ



**Come join us in learning how to make delicious DIPLES!!**



**Mrs. Helen Foukas has  
graciously volunteered to  
demonstrate how to prepare  
this delicious pastry!**



**NEW DATE**

**Friday,  
October 18th  
6:30 pm**

**A nominal fee of \$20 will be  
charged to pay for the  
expenses.**

**A light dinner will be served.**

**Final Date to Enroll:  
Sunday, October 13th**

**If this sounds like something you would be interested in  
participating, please email Denise at [eva54@aol.com](mailto:eva54@aol.com) or  
text/call at 201-406-2827.**

**Come join us!  
KALI OREXI! BON APPETIT!**

# **MAKE A DIFFERENCE!**

## **HELP US FEED THE LESS FORTUNATE**

Our St. Paraskevi Philoptochos has been making sandwiches on a monthly basis to feed the area's less fortunate. The cost of making approximately 225 sandwiches is \$150. Many parishioners have expressed interest in donating funds to offset costs of the supplies (bread, ham & cheese).

Your donation can defray the cost and insure that we will be able to continue this project every month. If you would like to make a donation in honor of a special event or in memory of a loved one, please complete the form below. Thank you in advance for your support and for making a difference!

We thank Frank & Kelly Flynn for making a donation this month in memory of John and Mary Courtis.

We will resume making sandwiches again on **SUNDAY, SEPTEMBER 10TH** following church services.



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**NAME:** \_\_\_\_\_

**DONATION AMOUNT:** \_\_\_\_\_

**N HONOR OF:** \_\_\_\_\_

**IN MEMORY OF:** \_\_\_\_\_

Kindly return your completed form to Helga Diamandopoulos or contact her at: [helgad28@yahoo.com](mailto:helgad28@yahoo.com) or 973-980-6880.

Make check payable to St. Paraskevi Philoptochos Society or PayPal at [philoptochos@stgeorgeclifton.org](mailto:philoptochos@stgeorgeclifton.org).



# 2024 PHILOPTOCHOS MEMBERSHIP

***Please remember that all paid members names for 2024 are not listed yet...We are at 96 strong and still many more of you need to renew your membership! We are stronger in number!!!***

Frances Alexiades  
Heleena Anastos  
Tina Anastos  
Angeliki Antoniou  
Alexandra Argiris  
Voula Argitis  
Panagiota Baltgian  
Suzanne Bauer  
Anthoula Bozios  
Eva Denise Cecchini  
Gianna Cecchini Pilalis  
Linda Chelius  
Gordon Condos  
Sophia Constandinou  
Evanthia Corrado  
Maria D'Accampo  
Mary Dakos  
Helga Diamandopoulos  
Kathleen Donohue  
Patricia Donohue  
Christina Drakas  
Angela Drakas  
Olga Drimones  
Eileen Duvlaris  
Alice Eliades  
Joanna Tsimpedes Filippides  
Kassandra Fotiadis  
Christina Foukas  
Helen Foukas  
Mary Gaggis  
Mary Georgaros  
Paraskevi Golematas  
Margarita Hailos  
Mary Ann Hariton  
Helen Haritos - IN MEMORY  
Kathy Hiras  
Konstantina Holevas  
Effie Kambourakis  
Alexandra Kaousis  
Maria Karras  
Lola Katsanos

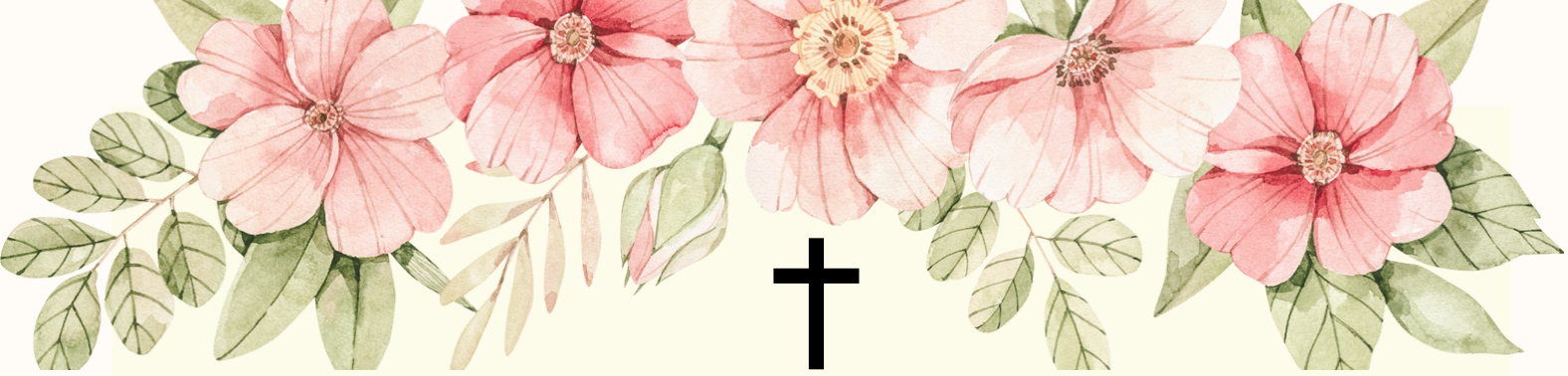
Maria Katsanos  
Stella Kavalos  
Shirley Kemp  
Alexandra Kleiner  
Christina Kleiner  
Eleni Klimentos  
Nora Kokoza  
Ioanna Koukounas  
Mary Koularmanis  
Helen Kraft  
Evangkelia Lendis Bozios  
Joyce Logothetis  
Mary Logothetis  
Sophia Logothetis  
Phyllis Magiros  
Tina Malindretos  
Patricia Manis  
Elaine Manoliadis  
Lisa Maria Marcopulos  
Michele Mariano  
Lilly Marcanovic  
Maria Mastrogiannis  
Barbara Matthews  
Christina Panagakis  
Harriet Panagakis  
Stephanie Panagakis-Ashley  
Konstantina Papadakis  
Carla Silva- Papasava

Faye Pappas  
Barbara Pepe  
Dionysia Peppes  
Maria Petrenas  
Militsa Phillips  
Chrys Pilarinos  
Diana Pitsikoulis  
Anna Protopapas  
Kalliroy Protopsaltis  
Tina Sakellakis  
Sophia Sakellaris  
Peter Salierno  
Antigoni Serghidou  
Marigo Sfaelos  
Constantina Simotas  
Presvytera Gigi Souritzidis  
Tina Stames  
Anna Stamos  
Panayiota Stilianessis  
Katherine Stratos  
Deana Stroud  
Helen Therianos  
Efthimia Triantafyllou  
Elena Tsatsaros  
Catina Tsiamtsiouris  
Lucy Tsimpedes  
Kalliope Vergis

***Remember to renew your  
2024 Philoptochos membership***

We deeply appreciate all those who have already contributed to the 2024 Philoptochos membership and want to remind the rest to submit theirs also (minimum of \$40).

You may send your payment through PayPal at [Philoptochos@stgeorgeclifton.org](mailto:Philoptochos@stgeorgeclifton.org); sending a check to Anthoula Bozios at 3 Kingston Court, Oak Ridge, NJ 07438; or seeing any of our Executive Board Members.



# HOPEFUL HEARTS

## *Session IV*

Session IV begins on

**Tuesday, September 10, 2024**

**Facilitator:** William Pakos Mammas

Licensed Grief Counselor

Includes special session with focus on spirituality

with Fr. Peter Souritzidis

*"ministering to those who are grieving"*

If you would like to be part of the third session,

please contact

Konstantina Papadakos at

papadakosk@yahoo.com or 973-767-8340

*"thank you for helping me during this most difficult  
time. You have all become a family to me" -*

*Nora Kokoros*

